**Spectators/Visitor COVID-19 Guidance**

In order to make your visit to Sunderland LGV Park a safe one and to assist our staff and volunteers to help protect you and other visitors, could you please make yourself familiar with these guidelines when attending our home fixtures.

* **Please ensure you observe social distancing and avoid close contact with those not in your bubble. Please remember the ‘RULE OF 6’.**
* **Please arrive early to go through all of the necessary entry procedures.**
* **We advise you to wear a mask or face covering within the ground when you are able to, for example when not consuming food or beverages. Always cover your mouth if needing to cough or sneeze.**
* **Please follow all signage and rules when using the toilet facilities and ensure you wash your hands thoroughly and use the hand sanitiser supplied.**
* **Please follow the one-way system around the ground and the one-way system to enter/exit the stadium. Stewards will be on hand to advise.**
* **If you are seated in the stand, please ensure you do not use seats marked with an ‘X’**
* **If you are standing, please stay within your social bubble and remain aware of the movements of others at all times.**
* **Maintain good hygiene: use the sanitiser dispensers provided and avoid touching your face or other commonly touched surfaces such as handles and railings whenever possible.**
* **Avoid handshakes, hugs, high-fives and any close contact with people who are not in your social bubble.**
* **If you are attending with other members of your social bubble, please make sure they have read and understand these guidelines too**

**Thank you**

**Sunderland RCA FC**